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NEWS FOR IMMEDIATE RELEASE

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AG Kaul Spotlights Resources During Mental Health Month

MADISON, Wis. – Attorney General Josh Kaul is reminding Wisconsinites that May is Mental Health Month and we should always pay attention to the mental health of ourselves and our families, especially during these unprecedented times.

“Mental health awareness is particularly important amid the coronavirus crisis, which has put an enormous strain on people,” said AG Kaul. “We need to keep working to de-stigmatize mental health issues and supporting efforts to promote mental health.”

Mental Health Resources

Use these links to learn more about mental health, and find treatment, support and resources.

Take a Mental Health Screening

<http://www.mhawisconsin.org/screening>

Find Mental Health Resources by County

<http://www.mhawisconsin.org/statewide-resources-by-county.aspx>

Visit Resilient Wisconsin – Healthy Coping During COVID-19

<https://www.dhs.wisconsin.gov/covid-19/resilient.htm>

Locate Help for Mental Illness

<https://www.mhanational.org/finding-help>

More About Mental Health Illnesses and Conditions
<https://www.dhs.wisconsin.gov/mh/dcindex.htm>